RYAN
INTERNATIONAL ACADEMY





SCHOOL Connect
July 2026
Grades VI to IX

From the Principal's Desk

From The Playground to The Podium: Inspiring The Champions of Tomorrow

At Ryan International Academy, Sarjapur, we firmly believe that sports are an essential part of a child's education. Sports teach us discipline, perseverance, teamwork, resilience and, most importantly, the courage to dream big. The 2026 Commonwealth Games in Glasgow gave India much to celebrate. India finished fourth in the medal standings with an impressive 39 medals — 13 Gold, 17 Silver and 9 Bronze. Indian athletes delivered memorable performances across disciplines, with boxing emerging as a major strength, while athletics, para-athletics, weightlifting and judo also contributed to the nation's success. These achievements remind us that sporting excellence is built through years of dedication, discipline and consistent effort. The excitement becomes even greater as India prepares to host the 2030 Commonwealth Games in Ahmedabad, Gujarat. India was formally confirmed as the host at the Commonwealth Sport General Assembly in November 2025, making the 2030 edition a landmark Centenary Games.

For our students, this is more than an international sporting event—it is an invitation to dream. The next four years can be a journey of preparation, practice and purpose. The champions of 2030 may already be sitting in our classrooms, swimming in our pools, practising their shots on the basketball court or football field, learning discipline through martial arts, mastering their balance on skates, or discovering the excitement of pickle ball.

At Ryan International Academy, Sarjapur, we are committed to providing children with opportunities to explore and excel in a wide range of sporting disciplines. Our message to every young Ryanite is simple: Start where you are, practise every day and never be afraid to dream beyond the ordinary. You do not have to become a champion overnight. Every practice session, every missed goal, every race, every fall and every comeback is part of the journey. As India prepares to welcome the Commonwealth Games in 2030, let us inspire our children to ask themselves:

“Could I represent India one day?”

The answer begins with a willingness to try, the discipline to practise and the determination to never give up. At Ryan, we believe that every child has the potential to RISE, BUILD, LEAD and ARISE. The playground could be the beginning of a lifelong journey—and perhaps, one day, the road to the Commonwealth podium.

Dream big. Play with purpose. Train with passion. And let the journey to 2030 begin today!

- Ms. Sripurna Sharma,
Principal, RIA Sarjapur





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Thought of the Month

July was a celebration of leadership, innovation, and togetherness— where every challenge inspired growth, every voice sparked change, and every learner took a step towards excellence."

★ ★ ★ ★ ★

EVENT

Together We Shine: Celebrating National Parents' Day

On 24th July 2026, Ryan International Academy, Sarjapur celebrated National Parents' Day with great enthusiasm, bringing together parents and students for a day of fun, creativity, and family bonding.

The event featured exciting activities such as Family Puzzle Run, No Flame Full Fame, Trendsetter Together, and Ryan's Family Showcase, where families enthusiastically participated and showcased their teamwork, talent, and creativity.

The celebration strengthened the partnership between parents and the school while creating memorable experiences for every family. The event concluded with the distribution of certificates and appreciation for all participants, making it a joyful and successful celebration.



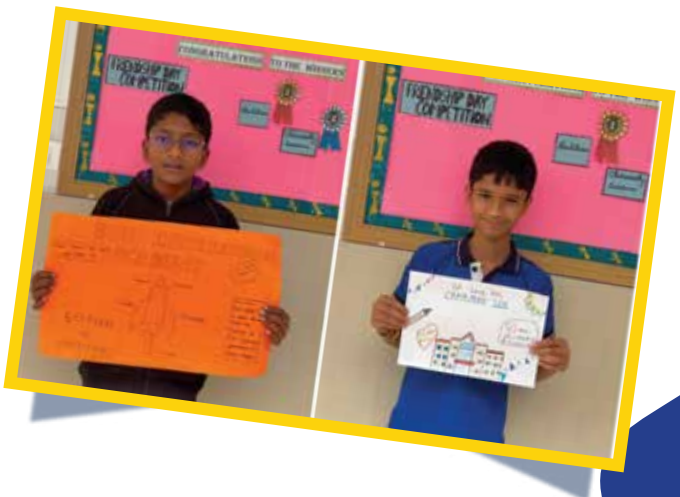


Inspired to Lead: Celebrating Vision, Leadership & 50 Years of Excellence Grades VI to IX

On 8th July 2026, Ryan International Academy, Sarjapur celebrated the birthday of our esteemed CEO, Mr. Ryan Pinto, with great enthusiasm and admiration. The celebration also marked the spirit of Ryan@50 – "Inspired to Lead."

Students of Grades VI to VIII participated in a vibrant House-wise Group Singing Competition, showcasing unity, teamwork, and musical talent. Grade IX students expressed their creativity through the 'Design a Badge' activity based on the theme Ryan@50 – "Inspired to Lead", followed by an inspiring One-Minute





EVENT

Leadership Talk on "What Makes a Good Leader?" Their thoughtful ideas reflected the values of leadership, responsibility, and service.

The celebration was a fitting tribute to Mr. Ryan Pinto's visionary leadership and inspired students to embrace the qualities of confident and compassionate leaders.



Igniting Young Minds: All India Ryan Championship – Young Kalam - Grade VII

As part of the **All India Ryan Championship – Young Kalam,** Ryan International Academy, Sarjapur conducted an engaging workshop for **Grade VII** students, introducing them to the competition guidelines and requirements. Each student prepared and delivered a **four-minute presentation** on an invention of their choice. The activity was also integrated as a **Subject Enrichment Assessment,** carrying **5 marks each for English and Science.**



Students were divided into **five groups** and confidently showcased their presentation skills, research, creativity, and communication abilities. Based on their performances and classmates' voting, **eight group champions—Anvi Nitara, Aarush Deepak Surve, Jonath Anin, Parth Tripati, Sreyash, Manvik, Tanvi, and Thanvika**—were selected to compete in the **School Champion Round** held on **23rd July 2026.**



With an exceptional presentation and outstanding confidence, **Mstr. Aarush Deepak Surve** emerged as the **School Champion.** Our Principal, **Ms. Sripurna Sarma,** felicitated the young achiever with the **All India Ryan Championship memento, sash, and certificate,** and applauded the dedication, enthusiasm, and hard work of every participant. The event fostered innovation, critical thinking, public



EVENT

speaking, and scientific curiosity, truly reflecting the spirit of Young Kalam.

All India Ryan Championship – Young Gandhi: Exploring History, Inspiring Future Leaders - Grade IX

As part of the **All India Ryan Championship – Young Gandhi,** Ryan International Academy, Sarjapur conducted an enriching workshop for **Grade IX** students, introducing them to the competition guidelines and expectations. Each student prepared and delivered a **four-minute presentation** on a significant **world event (outside India),** highlighting its causes, course, and global impact before, during, and after the event. Topics included the **French Revolution, Pearl Harbor, Nazism, Apartheid, the Russia–Ukraine War, the Iran–Iraq War, COVID-19, the AI Boom,** and several other transformative events. The activity also served as a **Subject Enrichment** Assessment, carrying **5 marks each for English and Social Science.**

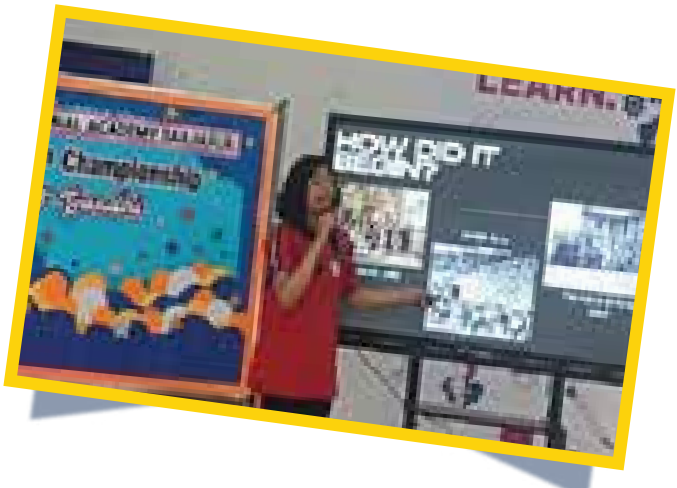
Students were divided into **five groups** and demonstrated exceptional research, analytical thinking, and presentation skills. Based on their performances and classmates' voting, **eight group champions—Hriday G., Srishti, Shrinika Hubli, Liteesh, Namish B., Sreehai, Elakshi, and Daksha V.**—were selected for the **School Champion Round** held on **23rd July 2026.**

With an outstanding presentation and remarkable confidence, **Ms. Daksha V.** emerged as the **School Champion.** Our Principal, **Ms. Sripurna Sarma,** felicitated the young achiever with the **All India Ryan Championship memento, sash, and certificate,** while appreciating the dedication and efforts of every participant. In August, **Ms. Daksha V.** will proudly represent **Ryan**









EVENT

International Academy, Sarjapur at the Young Gandhi State Level Round. The event nurtured historical awareness, critical thinking, effective communication, and global perspectives, inspiring students to become informed and responsible future leaders.



Academic Activities

Finding Factors of a Number - Grade VI 'A' & 'B'



This activity helps students understand the concept of factors of a number through a hands-on, discovery-based approach. Students begin by cutting equal-sized squares (for example, 12 squares) from cardboard. They then arrange these squares in different rectangular and square patterns, exploring all possible combinations.

By forming arrays such as 1×12, 2×6, and 3×4, students visually identify the factors of the given number. This activity promotes conceptual understanding, as learners can clearly see how factors are pairs of numbers that multiply to give the original number. It also enhances problem-solving skills, observation, and active participation, making the learning process engaging and meaningful.



Exploring Nutrients Through Hands-on Learning - Grade VI 'A' & 'B'



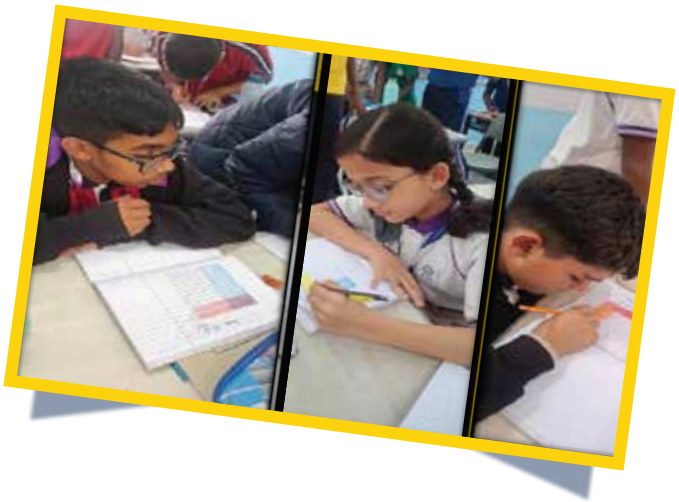
Students of Grade VI participated in an engaging food-testing activity using Yardstick materials to identify the presence of carbohydrates, proteins, and fats in different food samples. The activity aimed to help students understand the importance of

Academic Activities



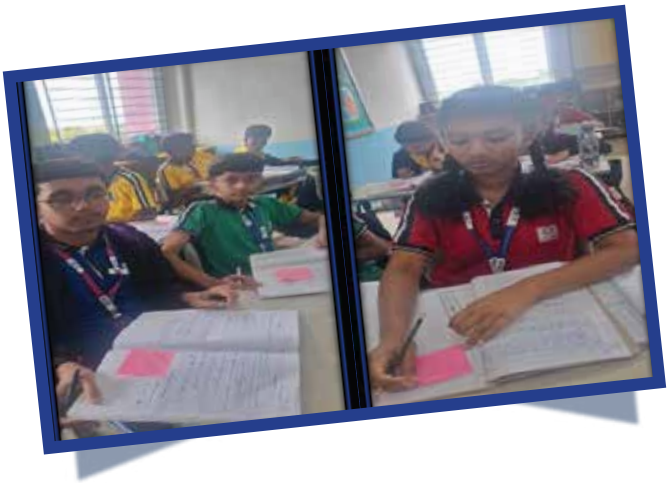
nutrients through practical exploration. Students performed the tests, carefully observed the changes, and recorded their findings. This experiential learning activity strengthened their observation, experimentation, and scientific reasoning skills while connecting classroom concepts with everyday food. The activity made learning interactive, meaningful, and enjoyable, encouraging students to learn through observation and discovery.

Colouring the Path to Decimal Mastery Grade VII 'A'



Grade VII students enthusiastically explored the concept of decimal multiplication through a hands-on grid paper colouring activity. By shading the grids, they visualized how multiplying decimals represents parts of a whole, making the concept easy to understand. This engaging activity strengthened their conceptual understanding, improved accuracy, and made mathematics both interactive and enjoyable.

Squaring Success: Mathematics Through the Lattice Method Grade VIII 'A'



Students enthusiastically explored the concept of finding the square of a number through a creative colour paper activity using the Lattice Multiplication Method. By constructing colourful lattice grids and applying the multiplication technique, students visualized the process of squaring numbers, making the concept simple, engaging, and easy to understand.

This hands-on activity transformed mathematical learning into an interactive experience, strengthening conceptual understanding, enhancing computational accuracy, and fostering critical thinking and problem-solving skills. Through creativity and collaboration, students discovered that mathematics can be both enjoyable and meaningful, building confidence in applying mathematical concepts to solve problems effectively.

Academic Activities



Crystal Creations: Discovering the Science of Crystallization Grade IX 'A'

The students of Grade IX enthusiastically participated in a hands-on Crystallization Activity as part of their Science practical learning. With great curiosity and excitement, they carefully prepared crystal solutions and observed the gradual formation of beautiful crystals over time.



The activity provided students with a deeper understanding of the process of crystallization while encouraging scientific observation, patience, and analytical thinking.

This engaging experiment transformed classroom learning into a memorable experience, fostering a spirit of inquiry.

AI in Action: Innovating, Creating, and Learning, Subject: Innovation Grades IV to VIII

Students of Grades VI to VIII embarked on an exciting journey into the world of Artificial Intelligence through engaging, hands-on innovation activities. Grade VI explored AI with a Handwriting Analyzer and Healthy Lunch Scanner, Grade VII designed an interactive AI Rock, Paper, Scissors game, and Grade VIII developed an AI Career Advisor to explore future career pathways.

These innovative experiences empowered students to think creatively, solve real-world problems, and strengthen their analytical, communication, and digital literacy skills. By applying AI to everyday situations, students discovered how technology can be harnessed to create smarter, healthier, and more informed solutions for the future.



Healthy Scanner - Grade VI



AI Rock Paper Scissor - Grade VII



Career Advisor - Grade VIII

Health, Safety and Child Protection (HSCP) Practices



Workshop Title: Puberty and Personal Hygiene - Grades V to IX

On 23rd July 2026 a Puberty and Personal Hygiene Workshop was conducted for students for Grades V to IX, led by the school counsellor, Ms. Nandita. The workshop was conducted separately for girls and boys, addressing age-appropriate topics related to growing up and personal well-being.

The girls' session focused on understanding puberty, the physical and emotional changes during adolescence, and the importance of menstrual hygiene and healthy hygiene practices. The boys' session addressed puberty, personal hygiene and the importance of maintaining good hygiene habits during the growing years.

The interactive workshop provided students with a safe and comfortable environment to learn, ask questions and understand the importance of caring for their physical and emotional well-being. It also encouraged students to approach these natural changes with confidence, awareness and a positive attitude.







Skit on the Suggestion Box - Grades III to V

The students of Ryan International Academy, Sarjapur, presented an engaging role play on the importance of the Suggestion Box on 4th July, emphasizing the value of open communication and student participation in creating a safe, inclusive, and supportive school environment.

Through their presentation, the students explained the purpose of the Suggestion Box as a platform where they can confidently share their ideas, suggestions, appreciation, and concerns. They highlighted the importance of writing clear, honest, and respectful messages and encouraged their peers to use the Suggestion Box responsibly to contribute towards the continuous improvement of the school.

The role play also informed students that all genuine suggestions are reviewed regularly by

Health, Safety and Child Protection (HSCP) Practices



the school authorities, ensuring that every voice is heard and appropriate action is taken whenever required.

The presentation reinforced the message that every student's opinion matters and that responsible communication plays a vital role in building a positive school culture. It concluded with the inspiring message: "Every voice matters, and every suggestion counts."







Fire Mock Drill - Grades III to V

All staff members and students

On 14th July a Fire Mock Drill was conducted at Ryan International Academy, Sarjapur to enhance awareness and preparedness among students and staff in the event of a fire emergency. The drill provided an opportunity for everyone to understand and practise the appropriate emergency response procedures in a safe and organised manner.

Students and staff participated in the evacuation process, following the designated emergency routes and assembling at the identified safe assembly area. The drill emphasised the importance of remaining calm, following instructions, moving in an orderly manner and avoiding panic during an emergency.

The activity helped reinforce the school's commitment to fire safety, emergency preparedness and the well-being of every student and staff member. Regular mock drills play an important role in building confidence and ensuring that the school community is better prepared to respond effectively to unforeseen situations.







Health, Safety and Child Protection (HSCP) Practices



HSCP Assessment

All staff members and students

As part of the school's Health, Safety and Child Protection (HSCP) initiatives, a comprehensive health and safety assessment was conducted for all staff and students on 20th, 21st and 22nd July 2026. The assessment focused on monitoring the overall health and well-being of the school community.

As part of the assessment, various health parameters and screenings were conducted, including physician consultation, dental check-up, eyesight screening and other relevant health assessments. These screenings helped in identifying health concerns at an early stage and promoting timely attention and care.

The initiative reinforced the school's commitment to preventive healthcare, regular health monitoring and the overall well-being of students and staff. It also encouraged everyone to be more aware of their health and the importance of regular check-ups.







Health, Safety and Child Protection (HSCP) Practices



Sugar & Health: How Sweet Is Too Sweet?

The Health & Safety awareness for the week focused on "Sugar & Health: How Sweet Is Too Sweet?" While sugar adds sweetness to our favourite foods, excessive consumption can affect children's health. Too much added sugar may contribute to tooth decay, unhealthy weight gain, energy fluctuations, reduced concentration and long-term health concerns.

The awareness message highlighted that sugar is often hidden in foods such as flavoured yoghurt, breakfast cereals, packaged juices, ketchup, energy drinks, chocolates, cakes and sweetened beverages. Families were encouraged to make smarter choices by including fresh fruits, nuts, seeds, fruit-topped yoghurt and homemade smoothies. Parents and schools were also encouraged to promote healthier snacks, water instead of sugary drinks and the habit of reading food labels.

Doctor's Day: Celebrating Healthcare Heroes

The Health & Safety awareness highlighted the significance of Doctor's Day, celebrated on 1 July, and encouraged everyone to appreciate doctors beyond a single day. Doctors play many important roles—they are healthcare providers, educators, counsellors, problem-solvers and advocates of preventive care. Their dedication involves listening, diagnosing, treating, reassuring and guiding patients and families.

The message also reminded us that gratitude towards doctors should continue throughout the year. Regular health check-ups, seeking medical advice at the right time, following healthy lifestyle choices and encouraging preventive care are meaningful ways to value the health that doctors work hard to protect.

UV Safety: Why Sun Protection Matters for Children

The Health & Safety awareness focused on UV Safety and the importance of sun protection for children. Harmful ultraviolet rays are present throughout the year, even on cloudy or cool days. Since children's skin is more sensitive, developing sun-safe habits from an early age is essential. Excessive UV exposure can affect the skin and eyes and may have long-term health effects.

Simple protective measures include using broad-spectrum sunscreen, wearing protective clothing and wide-brimmed hats, protecting the eyes with UV-blocking sunglasses, seeking shade during peak sunlight hours and staying well hydrated. The message reinforced that sun safety should not be considered a seasonal practice but a daily healthy habit.

Health, Safety and Child Protection (HSCP) Practices



World Brain Day 2026: Healthy Brain, Healthy Life

The Health & Safety awareness marked World Brain Day 2026 with the theme “Healthy Brain, Healthy Life.” Observed annually on 22nd July, World Brain Day aims to raise awareness about brain health and the prevention of neurological disorders. The brain controls essential functions such as learning, memory, emotions, movement and decision-making, making brain health an important part of overall well-being.

Students were encouraged to develop simple habits that support a healthy brain, including eating a balanced diet, staying physically active, getting adequate sleep, managing stress, staying hydrated and engaging in activities such as reading, puzzles, music and creative hobbies. The message emphasised that brain health begins in childhood, and healthy habits developed early can support cognitive, emotional and learning skills throughout life.





Students Speak



The Psychology of Memes

Every day, countless people scroll through social media, chuckling at memes and sharing them with friends. From "Chill Guy" to "This Is Fine," these images have become a staple of modern communication. But what makes these simple pictures so entertaining? The answer lies in how our minds work.

So, what is a meme? Essentially, it's an image, video, or phrase that catches on and spreads quickly online. The most popular memes capture everyday situations that many of us can relate to. For instance, when we see a meme about forgetting an assignment or staying up all night studying, our brains instantly recognise that feeling. It's that moment of "I've been there too!" That makes the meme funny and memorable.

Psychologists have a theory about this: our brains love recognising familiar patterns. Every time we get a joke or relate to a scenario, our brain rewards us with a little rush of positive emotion. That's why memes that we can relate to tend to become viral hits.

Consider the "This Is Fine" meme, which features a dog sitting calmly in a room on fire. While the situation is clearly exaggerated, it perfectly highlights how we sometimes pretend everything is okay when chaos surrounds us. The "Chill Guy" meme similarly represents someone who stays relaxed even when life gets stressful, something many students wish they could do during exams and project deadlines.

Beyond just humour, memes help people connect. Sending or sharing a meme feels like sharing a private joke. Friends laugh because they see the same experiences reflected in one another, fostering a sense of connection. This sense of belonging is a major reason memes spread so quickly among peers and families, and across social media.

Students Speak



Interestingly, memes have also been shown to enhance learning. Studies indicate that humour helps with attention and memory retention, which is why many teachers have started using memes to explain tough concepts. However, it's essential to approach memes responsibly. Sharing content that spreads misinformation or harms others is not okay.

Fun Fact: the term "meme" was first coined by Richard Dawkins, an evolutionary biologist, back in 1976. Research shows that humour activates various brain areas linked to memory, emotion, and learning. In fact, a popular meme can reach millions in just a few hours!

So, the next time you find yourself laughing at a meme, take a moment to appreciate that your brain isn't just enjoying a joke—it's recognising familiar patterns, recalling past experiences, and connecting with others. Memes may seem like light-hearted entertainment, but they represent a fascinating aspect of psychology in our daily lives.

- Aarav Mandal,
Grade VIII 'A'





PARENT'S CORNER

The Invisible Threads That Hold a Family Together

A few evenings ago, I stood in my kitchen after dinner, looking at the plates on the table, the school bags on the sofa and the shoes lying near the door. Both my children were in their rooms. One was finishing homework, the other was laughing at something on a screen. Without saying a word, I began doing what I do every day—clearing the table, kitchen and folding the laundry. For a moment, I caught myself thinking, "Do they even notice?" Then another thought crossed my mind. Maybe they don't.

As adults, we notice the electricity bill, the groceries that are running out, the uniforms that need washing and the endless little things that keep a home running. Children don't see those things because, for years, we've quietly taken care of them. But then I wondered if I had forgotten to notice something too. Maybe my children also carry worries I cannot see friendships, school pressure, wanting to fit in or simply growing up in a world that expects so much from them, that evening reminded me that empathy is not just for children to learn. It is something families learn together.

Perhaps we need to talk more and assume less.

Perhaps children can pause before walking away from the dinner table and ask, "Can I help?"

Perhaps parents can knock on a bedroom door not to remind, but simply to listen.

Homes are not held together by spotless kitchens or perfect routines. They are held together by small moments when we notice each other.

Sometimes, the most meaningful words in a family are also the simplest: "I didn't realise you were carrying so much. Let me help."

- Mrs. Abhilasha Dimri,
Parent of Arshika Dimri - Mont III





Nurturing Talent Beyond the Classroom

At Ryan International Academy, we believe that education extends far beyond textbooks. Every day, our students are encouraged to discover their unique talents, build confidence, and develop essential life skills through various co-curricular activities.

Dance, music, sports, and cultural programs play a vital role in shaping well-rounded individuals. These activities foster teamwork, discipline, creativity, leadership, and perseverance—qualities that help students excel both inside and outside the classroom.

This term has been particularly exciting, with our students actively participating in band performances, cultural events, inter-house competitions, and various school initiatives. Their enthusiasm and dedication have been truly commendable. Watching them perform with confidence and passion is a reminder that every child has immense potential waiting to be nurtured.

As educators, our greatest joy lies in creating opportunities for students to learn, grow, and shine. Together, let us continue to inspire young minds to dream big, embrace challenges, and strive for excellence in every endeavour.

"Every child is gifted; they just need the right stage to shine."

- Ms. Ramya M. Nair,
Teacher